

# Star-Telegram

## Cold Week!

**BY BAILEY SHIFFLER**

Special to the Star-Telegram

Desperate heat calls for desperate cooling measures. We're certain you have resorted already to sprinklers, ice packs and the tried-and-true Slip 'N Slide, but we thought you might want some fresh ideas for August. That's why we've come up with a list of a dozen genuine (though perhaps at times a little ridiculous) ways to lower your body temperature during the dog days. Here's to hoping they provide you with a little relief from the heat.

### **9. Blot your way to cool**

Cool Off's Citrus Ice towelettes are a natural way to get a break from the heat. The individually packaged wipes are infused with a blend of natural cooling herbs, botanicals and oils that combine to create a building chill when pressed on skin. They promise to provide relief for at least 20 minutes, or up to an hour and a half. Find them on [Amazon.com](http://Amazon.com), where a pack of 24 will set you back \$9.78.

