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Put This in Your Carry-on and Love It: Feel-Better Travel Refresher

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My longtime traveling companion's and my longstanding strategy for feeling human again after running the airport gauntlet and long hours of flying: towelettes for in situ in-seat freshening up. Yes, we know it doesn't make us Einsteins, but it helps -- so no e-mails, please.

While a quick rip of the packet and toweletteing off is a great alternative to sitting strapped in for hours coated in airport-stress grime or facing the stand-in-line purgatory and subsequent ick of the lav, most moist towelette products leave skin sticky and overly perfumed, or dried out (cabin air is dry enough, no) to [Munch's "The Scream"](#)

levels. As in: "Honey, is the corner of my mouth bleeding?"

Those days are gone. We've found our new must-take: [Cool Off](#).

The maker says they're also ideal for use in sports and fitness, among other things. Perfect: getting from the house to the plane is a sport if ever a contact sport there was.

You use [Cool Off](#) a little differently than other towelettes, holding it in place a short while to let the formula soak into the skin.

But the key difference and wow of this product is that it cools skin instantly, and then 10 degrees or more in a few minutes. True ahhh moment stuff that keeps on giving. And the promise includes the ability to reactivate refreshment after the initial 60-minute cool-down by splashing a little water on.



Sure, there's thermal imaging that reveals all the scientific stuff. All that matters to me is that my skin is revealing that it works as I post this. And I can feel good about the fact that it's using [herbs](#), [plant botanicals](#) and [essential oils](#) to do the trick. Nice trick.

I was skeptical at first. Now I'm totally, um, cool with it (sorry, had to) and then some. Seriously, these could send the whole "hot towel" thing back to the Stone Age.

Love [Cool Off](#). Get 'em [here](#) while they're...okay enough. End of story. End of post.

Wait, not quite:

More info: <http://www.thequickchill.com/>

Buy them: <http://thequickchill.com/wp/buy-cool-off/>

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