



Hot and Bothered?

Chill out with this primo gear to beat the heat

by Trae Bodge

There's no denying it—it's hot outside. Unfortunately, many of us find hot weather so challenging that we abandon all hope of enjoying the outdoors and hide in our air-conditioned homes, offices and vehicles. Thankfully, there are plenty of products available to help you enjoy the warmer months. Read on and then get outside!

Simmer Down



To stay cool on the go, try Cool Off's individually wrapped [towelettes](#) (\$4.99), which are packed with cooling herbs and botanicals, such as arnica and witch hazel. Buy some at CVS, toss them in your bag and chill out whenever you need to! (Get [CVS coupons](#).)